

June 1 2008



Evergreen Spina Bifida Association Newsletter

ALL MUST SUBMIT NEW MEMBERSHIP FORM

Have you sent in your membership renewal form for 2008? The form is new so if you have not filled one out please do so as soon as possible! You'll find a copy of the form inside this newsletter.

Getting new forms from all members is very important to us, first to verify our contact information and second because national will not allow us to include you in our membership count without it.

If you have not done so already, please send a copy of the form to Evergreensba@yahoo.com and put my email address (jon_tutt@msn.com) in the CC box.

You don't have to send any money with the application. We don't require "dues" or "membership fees." Donations are graciously accepted and greatly appreciated, but not required. The important thing is to PLEASE take a few minutes and do it RIGHT NOW so we can complete the list.

Thank You! Jonathan A. Tutt, Treasurer

This edition of the newsletter may look a lot different than usual—just like ESBA will in a few weeks! This issue of the newsletter is be short and sweet with need-to-know topics, but the July 1 issue will be jam-packed with the most up-to-date information about ESBA's ongoing changes—dividing into separate chapters and support groups, electing new officers, and refo-cusing

energies on the core programs of SBA. In the meantime, keep in touch and stay tuned for the latest developments in the next issue!

Celeste McCormick, Newsletter Editor

The Spina Bifida
Association has joined
myspace.com! Join us!



**EVERGREEN SPINA
BIFIDA ASSOCIATION
SERVING WASHINGTON,
OREGON, IDAHO,
MONTANA & ALASKA**

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Vote Now

Evergreen Spina Bifida Association Officer Ballot

Please vote by placing a mark in the line in front of the Candidate of your choice and send the ballot back by **Thursday, June 5, 2008** to: Evergreensba@yahoo.com. Thank you.

For President (term ending Dec 2010)

Ed Kennedy Brian Knowles

For Vice President (Term ends Dec 2010)

Annette Zweig-Donham

For Secretary (term ending Dec 2011)

Patti Logan LaDonna Kirkaldie

For Treasurer (term ending Dec 2011)

Jon Tutt

A special ballot will soon be distributed with the topics of Name change (from Evergreen Spina Bifida Association to Spina Bifida Association of (fill-in the blank) and By-Laws amendments.

Spina Bifida Community Survey

Take the [National Survey of the Spina Bifida Community](#) and enter to win a \$50 gift certificate to the store of your choice! It takes just five minutes to help the Spina Bifida Association by giving your important input. This [survey](#) will help us develop programs for you. We appreciate your time and look forward to sharing the results.

Please contact Tanya Coogan at tcoogan@sbaa.org or 800-621-3141, ext. 23 to register for these calls.

SBA's survey is online at: <http://66.34.124.214/defaultsba.asp>. Let your voices be heard!



Hello! I am the Race Intern for the Race for the Cure this year, and we wanted to get the word out in the community that we offer a 5K Wheelchair Race.

Last year we only had 4 participants and we would love to break that record this year.

Check out the Race website for more details: www.pugetsoundraceforcure.org

Shawna Davis, Race Intern

Puget Sound Affiliate, Susan G. Komen for the Cure

P: 206.633.0303 ext.117/F: 206.633.0304

1900 N Northlake Way, Suite #135 Seattle, WA 98103

www.komenpugetsound.org <<http://www.komenpugetsound.org>>



**Our vision: A world
without breast
cancer**

**THE EVERGREEN SPINA BIFIDA ASSOCIATION
2008 MEMBERSHIP/CONSTITUENT APPLICATION FORM**

Name: _____

Spouse's Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____

Email Address: _____

Person with Spina Bifida: _____

Date of Birth: _____

Total number in immediate family _____

Please send a donation of any size to help us reach out to those affected by Spina Bifida. Evergreen Spina Bifida Association will pay for membership in the Spina Bifida Association for all our members, which entitles them to receive the national SBA's newsletter/magazine "Insights."

How would you prefer to receive your newsletter?

_____ A. Email only, _____ B. Mail Only, or _____ C. Both.

Please complete this form and return to:

The Evergreen Spina Bifida Association (ESBA)

C/O Jonathan Tutt

2128 N. Pines Rd., Suite 17-2

Spokane, WA 99208

OR

Email to: evergreensba@yahoo.com

No one will be denied membership for inability to pay. If this form is completed and returned, you will be a full member of the Evergreen Spina Bifida Association.

Have you signed up for the electronic version of SBA's quarterly newsletter Insights? Visit www.spinabifidaassociation.org today to get your address on the email list!

Have you heard?

Past President Ed Kennedy broke his leg a few weeks ago. He is recuperating and should be fine, but he would certainly appreciate your well wishes for his recovery! Ed, we're thinking of you and hope you are back to your energetic self as soon as possible!



YOU ARE INVITED TO JOIN THE JOURNEY OF HOPE

Today the Journey of Hope covers 32 different states, cycling over 12,000 miles combined, it is solely comprised of members of Pi Kappa Phi and continues to spread a message of acceptance and understanding for people with disabilities.

The Journey of Hope is a cross-country bicycle trek beginning in San Francisco, CA and Seattle, WA and ending together with all teams in Washington, D.C. The event raises funds and awareness for people with disabilities. This journey is service beyond self and the men of Pi Kappa Phi have been dedicated to people with disabilities since 1977.

<http://www.pushamerica.org/events/joh/>

<http://www.pushamerica.org/events/joh/seakickoff.cfm>

http://pushamerica.org/events/routemap/?show_trans=yes

I know it is early on June 11th, but I intend on arriving to meet with a Push America representative, Joey Smith, to see how we can work together in 2009.

Would be nice to have more individuals checking out/supporting the event.

Please forward to individuals on the route map that may be able to cheer the participants on their journey.

Please let me know if you are interested. Thanks,
Nicole Anderson, ESBA, Seattle, Co-leader, 206.877.2568

Save the Date!!!!

Please join us at the ESBA, Seattle, Annual Summer Picnic

Saturday, July 19th, 2008, between 11 am & 1:30 pm

Lower Woodland Park (SW side of Green Lake) Shelter #6

<http://www.seattle.gov/parks/images/maps/picnics/Woodland4-7.pdf>

Special performance by NW-recognized magician Bruce Meyers at 12:30 pm

www.brucemeyers.com

We will have carnival games, face painting, food & drink for all!!!

Bring horseshoes, bocce ball, walking shoes & bikes, if interested, and a salad, side dish or dessert to share, please.

Last name starts with:

A-I dessert

J-R salad/fruit/vegetables

S-Z side dish/chips/snacks

Please RSVP by July 16th, 2008 to Nicole at

seattlespinabifidagroup@hotmail.com or

303.877.5083 .

Friends, family & members are always welcome – looking forward to seeing everyone this summer!

Special thanks to Children's Hospital & AstraTech for their continued support towards for us.

