



## Join the Spina Bifida Association of Washington State for its annual Walk-N-Roll.

**Date:** Saturday, April 30, 2011

**Location:** Heritage Park at Capitol Lake  
301 5th Ave. SW  
(5th Ave. SW & Water Street)  
Olympia, Washington 98501

**Time:** Registration opens at Noon  
Walk begins at 1:00 PM  
Special program at 2:00 PM

To register for the  
walk or donate, visit:

[www.firstgiving.com/sbaws](http://www.firstgiving.com/sbaws)

Together we make the difference.

This is a great family-friendly, walk event to raise awareness about Spina Bifida and celebrate the accomplishments of the over 180,000 Americans living with it.

What is Spina Bifida?

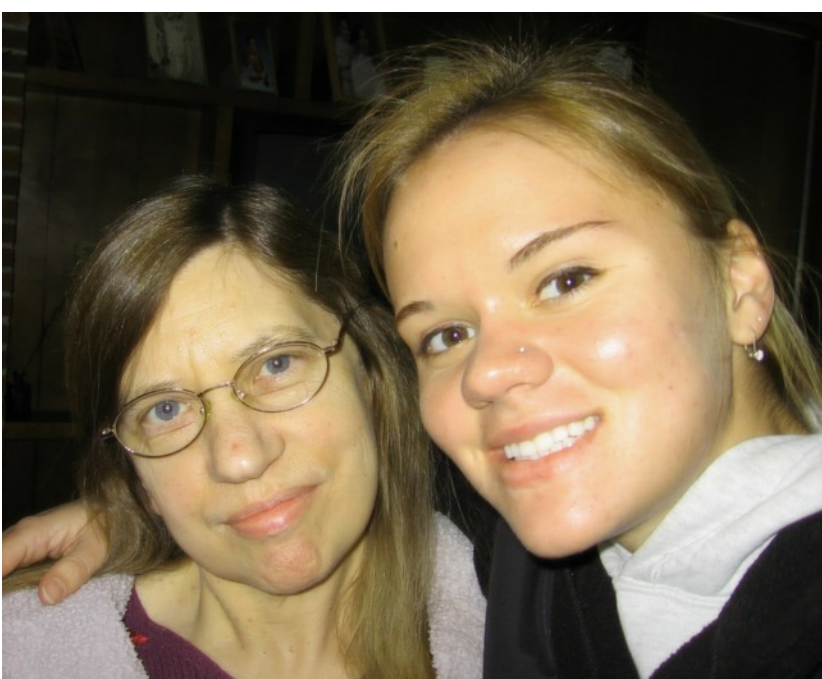
Spina Bifida is the most commonly occurring complex birth defect in this country. There is no known cause and each of the 65 million women of childbearing age in this country is at risk for an affect pregnancy.

Come and support the thousands of individuals in our area who live with Spina Bifida!

All proceeds are used for programs and services for people living with Spina Bifida or to promote the prevention of this birth defect. For more information visit [www.sbaws.org](http://www.sbaws.org) or contact

Meg Paulsen 425-351-3252 or [sbaws@yahoo.com](mailto:sbaws@yahoo.com). The Spina Bifida Association of Washington State

[www.sbaws.org](http://www.sbaws.org)



The 2011 SBAWS Walk-N-Roll is dedicated to the memory of Gloria Jean Olsen, a long-time friend and supporter that we lost in 2010.

This event is sponsored in part by



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